

# Building Boundaries: Called to Protect for Young Children

## Third Grade: Secrets, Those You Keep and Those You Share

### Child Development:

Parents remain the strongest influence for third graders, but the peer group continues to grow in importance as well. Third graders are social and are looking outside the family for new ideas and activities. Typically they prefer to play with their with their same-sex peers.



### Lesson Overview:

The focus of this program for third graders is continuing to build emotional and behavioral boundary skills. The corresponding lessons are designed to reinforce the concept some secrets are good while others are not. The accompanying activities help the students learn to make decisions about which secrets can be kept and which should be told to a trusted adult .

### Objectives for Third Grade Students:

Students will:

1. Learn about different types of secrets.
2. Learn how to recognize a bad secret.
3. Learn how to tell a trusted adult when someone has asked them to keep a bad secret.

Your child will learn that some secrets are meant to be kept while others are meant to be shared. They will participate in activities that help them learn how to recognize a secret they should share, and they will learn that adults are better able to manage those secrets. Children will learn what to say to a trusted adult when someone has asked them to keep a secret that makes them feel unsafe.

