

# Building Boundaries: Called to Protect for Young Children

## Fourth Grade: Healthy Friendships

### Child Development:

Fourth graders are entering pre-adolescence. Now, they value their friends' opinions and values even more. They may join clubs and organized sports or activities as their social lives become more active. If they can maintain healthy self-esteem during this time, fourth graders will be better equipped to withstand negative peer pressure that sometimes arises at this age.



### Lesson Overview:

The focus of this program for fourth graders is behavioral boundary skills. The corresponding lessons are designed to reinforce the concept of peer to peer interactions and how some are healthy and some are not. The accompanying activities help the students learn good boundaries with friends and adults.

### Objectives for Fourth Grade Students:

Students will:

1. Learn what makes a healthy friendship with peers.
2. Learn to identify a safe adult.
3. Learn how to respond to situations that make them feel uncomfortable.

Your child will learn about friendships and what makes friendships healthy and fun. They will learn about bullies and that no one has the right to bully them. They will learn also about healthy relationships with adults, and they will be asked to identify adults in their lives whom they can talk to.

